# Call #1 – Building Beyond the Game



The Champions Corner Journey

## Introduction to Champions Corner

- 1. History of Champions Corner 5 Minutes
- 2. About Us 5 Minutes
- 2. Breakout Session 15 Minutes
- 3. Group Reflection 10 Minutes
- 4. Overtime Open Discussion & Q&A





## History of Champions Corner

- Support student-athletes in their transition from sports to real-world challenges.
- Help athletes apply lessons learned from athletics to broader areas of life: identity, personal growth, and professional goals.
- Hosting calls for 6 months, focusing on books, podcasts, life lessons, and featuring successful entrepreneurs as guest speakers.





### About Us – Mission Statement

At Champions Corner, our mission is to empower studentathletes on their journey of growth and personal development by fostering a supportive community rooted in authenticity, respect, and curiosity. Together, we embrace challenges, climb out of comfort zones, and advance toward betterment, with a focus on consistency, discipline, and lifelong learning.





### Core Themes of Conversation

- Life after sports
- Identity & self-discovery
- Personal growth & leadership
- Family, spirituality, & future planning
- Goal-setting & progress





## **Breakout Session Questions**

- What has brought you here today?
- Where do you see yourself in 6 months? 5 years?
- What are some great daily habits you have that align with your short-term & long-term goals?

#### Challenge Questions

- What strengths have you developed through sports that you believe will serve you well in life?
- What personal challenge or area of life would you like more guidance or mentorship on right now?





# Group Reflection

Time to share!





## Group Reflection

- What has brought you here today?
- Where do you see yourself in 6 months? 5 years?
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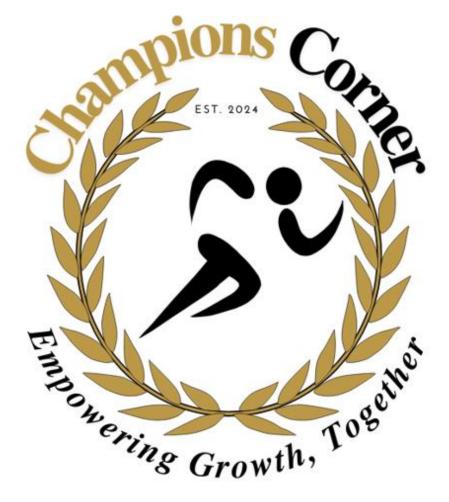
## **Group Reflection**

- What strengths have you developed through sports that you believe will serve you well in life?
- What personal challenge or area of life would you like more guidance or mentorship on right now?





## "Overtime"



Open Discussion / Q&A



